

About Rehabilitation House

There are currently 12 patients living in a restored farm house, in a village Kladari Donji, 4km away from the main Institute. All the necessary conditions and equipment for efficient running of the rehabilitation house is provided by the Institute „Jakes“.

The personnel run the house with their own resources (medical personnel, social workers, maintenance, transportation, etc), and the beneficiaries are chosen according to the criteria of the qualified professionals, respecting firstly the patients' wish to live in the house.

In this way, the house is occupied by a group of 12 patients, which resembles an ordinary extended family (community) with several generations of both sexes.

Pathology in patients is also different in form and degree, and when choosing the inhabitants the emphasis is more on social relations and patient's abilities and less on symptoms of the illness.

House was opened in December 2002.



Life and work takes place in two separate units, a total of 4 bedrooms, kitchen with dining room, front lawn, vegetable garden, barn, and the surrounding field crops and countryside. With the help of a housemaid and medical technician/nurse the patients perform all tasks related to nutrition, hygiene, domestic animal breeding (pigs and chickens so far only), then working in a flower garden, vegetable garden, orchard and field crops. Life is not rigidly organised or forced but is naturally embedded in commonplace rural environment in which the house is located.



Apart from that, patients can also pursue hobbies or occupational work offered by the department of occupational therapy of the Institute.



Patients are free to travel daily to the Institute or to the city to meet their social needs such as visiting friends, having fun, visiting family, shopping, keeping informed, etc. Contacts with all the professionals in the Department are available in the form of patronage, the agreed meeting or by invitation.

Individual and group rehabilitation program for this group of patients is changing constantly in order to adapt and respond to the specific needs of each individual. We believe that treatment means to take care of the transformation of the patient's way of life and feelings of anxiety and of the transformation of their daily routine, here and now.

The question is: „Why the house?“



regimes, based solely on medical principles and clinical observation, which is limited to symptomatology, and excludes the complexity of a patient's life. It also provides a healing and livable environment and atmosphere for patients, where they do not lose a social life.

Based on wealth of experience in caring for mental patients establishments such as the Institute concluded that the aforementioned model of life, habitation, work and socialising is closest to free authentic living, while at

the same time avoiding the limiting effect of hospitalization.

House provides safety and warmth of a lost home, security, institutional support and a high degree of social freedom, which is an important prerequisite for satisfying human and social needs of each individual patient. For those used to medical model the answer would be: "The house is a place of resuscitation after social death."



In response to the needs of the organization of psychiatric services, during the implementation of the current reforms in the healthcare of Republic of Srpska - treatment at rehabilitation house can serve as a model for rehabilitation in the community or as a step towards non-institutionalised treatment in psychiatry. Our goal was to create a model for de-institutionalization and movement toward psychiatric rehabilitation in the community using own institution's resources.

While the rehabilitation house „Jakes“ is a successful model, it is the responsibility of a wider community to respond to the challenges of the rehabilitation of chronic psychiatric patients.



Rehabilitation covers:

- Occupational therapy
- Developing social skills
- Therapeutic community
- Sport activities and excursions

Patron Saint

Rehabilitation house celebrates the Blessed Virgin as patroness and protector of Christians. We celebrate the event which took place on 14th October 911 during the reign of Czar Leo VI, "the Wise" (the Philosopher).



Meeting with the relatives

One of the most important dates for patients, their relatives and for staff is the last Saturday in May when Hospital invites patients' relatives for an annual meeting. The presence of many relatives and friends as well as associates of the Hospital at this meeting year after year is a testament that our patients are not forgotten.



HOSPITAL FOR CHRONIC PSYCHIATRY
MODRICA

РЕHABILITATION HOUSE

The aim of the Institution is to open more rehabilitation houses and to promote this type of treatment of psychiatric patients in all areas of the Republic of Srpska, where there are CBR. Opening rehabilitation houses close to hospitals will ensure patients are being treated close to communities to which they belong.

For more information

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April 2013.

